



MOVE
AGAINST
CANCER.

5K YOUR WAY PROGRAMME AND VOLUNTEER LEAD

Reports to: Operations Director

Hours: Full time (part time 30 hours considered) Fixed Term 24 Month Contract

Location: Remote with occasional UK travel

Salary: £28,000 - 30,000 per annum or equivalent pro rata for part time (depending on experience)

Application Deadline: Wednesday 2nd September 2026

www.moveagainstcancer.org

About MOVE Against Cancer

MOVE Against Cancer helps people living with and beyond cancer to move more.

Our flagship programme, 5k Your Way, Move Against Cancer, brings together people living with and beyond cancer, family members, friends and healthcare professionals at local parkrun events across the UK, creating supportive communities where everyone can move their way.

Purpose of the Role

The 5k Your Way Programme and Volunteer Lead will lead the day-to-day delivery, development and continuous improvement of the 5k Your Way programme across the UK.

Working closely with our national network of over 650 volunteer Ambassadors, you will empower volunteers to create thriving communities that encourage more people affected by cancer to become active.

You will champion innovation, identifying and delivering new ways to strengthen volunteer engagement, improve participant experience and increase the programme's reach and impact, all whilst ensuring that people from underserved communities have equitable opportunities to access and benefit from 5k Your Way.

This is an exciting opportunity for someone who enjoys developing volunteers and using creativity to help a national programme grow and evolve. We are looking for someone who is as comfortable with inspiring volunteers and analysing data as they are with taking flyers to the post office.



Key Responsibilities

Programme Development and Growth

- Lead the sustainable growth of the 5k Your Way network across the UK, identifying opportunities to establish new groups where there is need.
- Work alongside the New Group Coordinator to support the successful launch and long-term sustainability of new groups.
- Build relationships with healthcare professionals, volunteers and partner organisations to increase awareness and participation.
- Work with volunteers, healthcare professionals and partners to support groups.
- Develop innovative ideas that increase participation and encourage more people living with and beyond cancer to move more.
- Use data and feedback to continually improve the programme, participant and volunteer experience.
- Develop new ways to support smaller groups.

Programme Management

- Lead on the day-to-day delivery and administration of the 5k Your Way programme, including inbox management.
- Develop quality across our networks.
- Drive quality improvement across the 5k Your Way network, ensuring a consistent, high-quality experience for participants and volunteers.
- Coordinate participant registrations, programme resources, kit and marketing materials.
- Ensure programme policies and processes are developed and implemented consistently.

Partnership and Relationship Management

- Build strong relationships with healthcare professionals, parkrun communities, community organisations and key stakeholders supporting the programme.
- Work collaboratively across the MOVE team of staff and volunteers to maximise the reach and impact of the programme.



Key Responsibilities continued

Volunteer Leadership

- Lead and support the national network of 5k Your Way Ambassadors, ensuring volunteers feel valued and equipped to deliver high quality groups.
- Build a positive volunteer culture through regular communication, recognition and opportunities for peer learning, including through drop ins and newsletters.
- Facilitate Ambassador and Regional Ambassador meetings and encourage collaboration across the network.
- Develop the tiered structure of Area and Regional Ambassadors, helping recruit and source volunteers to fill gaps in support.
- Develop resources, guidance and training that enable volunteers to succeed in their roles and participants to engage in movement beyond 5k Your Way group meetings.
- Support volunteers with safeguarding, governance and best practice.

Equity, Diversity and Inclusion

- Champion equity, diversity and inclusion throughout the programme.
- Work with volunteers and partners to reduce barriers to participation.
- Support groups to engage with communities who are currently under-served within the programme.
- Help ensure that all people affected by cancer feel welcomed, represented and able to participate regardless of their background.

Monitoring, Evaluation and Quality

- Monitor programme outcomes and volunteer engagement against objectives.
- Collect and analyse programme data to demonstrate impact and inform future programme development.
- Maintain high standards of governance, safeguarding and data management across the programme.



Person Specification

Essential

- Experience of managing volunteers at a large scale.
- Experience of managing health or charity programmes.
- Excellent relationship building and communication skills.
- Strong organisational skills with the ability to manage multiple priorities.
- Experience in using and developing data collection systems and processes.
- Ability to motivate and inspire volunteers.
- Experience of developing processes or improving programmes.
- Experience in building partnerships with a range of stakeholders.
- Confidence with facilitating meetings and delivering training.
- Strong IT skills, including Google workspace, Zoom, Excel and database/CRM systems.
- Commitment to equity, diversity and inclusion.
- An understanding of safeguarding responsibilities.
- A genuine passion for improving the lives of people living with and beyond cancer through physical activity.

Desirable

- Knowledge of physical activity programmes.
- Experience of working with volunteer-led community networks.
- Experience in monitoring and evaluating programmes.
- Understanding of the challenges faced by people living with and beyond cancer.
- Experience in using systems such as Mailchimp or similar platforms.
- Experience of working remotely over a large geographical area.



Personal Qualities

We are looking for someone who is:

- Innovative and always looking for opportunities to improve.
- Highly organised and able to balance strategic thinking with operational delivery.
- Proactive and solutions focused.
- Warm, approachable and able to build strong relationships.
- Passionate about improving the lives of people affected by cancer.
- Committed to creating inclusive opportunities for everyone.
- Able to work on their own initiative and as part of a team.



How to Apply:

- Produce a document no longer than 2 sides of A4, outlining why your skills, experience and personal motivation make you the right person for this role. Please also attach your CV. We discourage the use of AI to write your application.
- Please send these to recruitment@movecharity.org

Closing date to apply for this role is Wednesday 2nd September 2026.

- If you would prefer to submit your application in an alternative format, please feel free to choose your own approach to convey the information requested.

We welcome applications from people of all backgrounds and are especially keen to hear from individuals from ethnically diverse communities, disabled people, and those with lived experience of cancer, who are currently underrepresented in our sector.

Interview information:

There will be two stages of the interview process. The first stage will be virtual via video call and for those invited to the second stage will be an in-person interview.

Data Protection Statement

For information about how we use your data, please contact us.

Safeguarding

Move Against Cancer is committed to ensuring the safety and wellbeing of all individuals who participate in our programmes and all staff and volunteers. Successful candidates will be required to carry out a disclosure and barring check.

