



**World  
Cancer Day**  
4 February



**MOVE  
AGAINST  
CANCER.**

**Locations of extra 5k Your Way meet-ups -  
Saturday 7 February for World Cancer Day:**

### **North West**

- Fell foot parkrun, Lake Windermere, Cumbria
- Northwich parkrun, Cheshire

### **North East**

- Goole parkrun, Doncaster, West Riding of Yorkshire

### **Wales**

- Y Promenad Llandrillo yn Rhos (Rhos on Sea) parkrun
- Teifi Marshes parkrun, Cardigan
- Groe parkrun, Builth Wells, Powys
- Llanishen parkrun, Cardiff
- Aberdare parkrun, Rhondda Cynon Taff
- Parc Coed Gwilym parkrun, Swansea
- Rogiet Park parkrun, Monmouthshire

### **East of England**

- Ferry Meadows parkrun, Peterborough, Cambridgeshire
- Christchurch parkrun, Ipswich

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### **Midlands**

- Forest Rec parkrun, Nottingham, East Midlands
- Brixworth Country Park parkrun, Northampton
- Leamington parkrun, Leamington Spa, Warwickshire
- Haughmond Hill parkrun, Shrewsbury

### **South East**

- Mote Park parkrun, Maidstone, Kent
- Harrow parkrun, London
- Maidenhead parkrun, Maidenhead, Berkshire
- Cuttleslowe Park, Oxford
- Hove Promenade, Brighton, Sussex
- Brooklands parkrun, Weybridge

### **South West**

- Chipping Sodbury parkrun, South Gloucestershire
- Cranbrook Country Park parkrun, Exeter
- Southampton parkrun, Southampton

### **Scotland**

- Oriam parkrun, Edinburgh

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